

# Dipartimento di Psicologia Generale

Corsi di Laurea in Neuroscienze e Riabilitazione Neuropsicologica e  
in Psicologia Cognitiva Applicata

Per interessamento della Prof.ssa Angelica Moè, mercoledì **6 Dicembre 2017**, ore **12.30**,  
presso l'**Aula Magna "C.Musatti"**, in via Venezia 8



***IDIT KATZ***

**(Ben-Gurion University - Israele)**

terrà un seminario dal titolo:

**“Need Support and motivation: Is this what it is all about?”.**

In this lecture, I will review a number of studies that examine the way in which supportive environments lead to positive motivational outcomes. Drawing on the principles of Self-Determination Theory (SDT: Ryan & Deci, 2017), I will present studies demonstrating the importance of the environment in promoting motivation. I will show that (i) parents' support of adolescents' first career decision affects adolescents' choices, (ii) teachers whose psychological needs are satisfied have more resources to support their students and prevent dropout, and (iii) support provided by parents to overweight adolescents is crucial to their type of motivation and success in dieting. After presenting these studies, I will discuss the question whether it is sufficient to examine the environment in order to understand what motivates people, and will present recent related findings.