



**Università degli Studi di Padova
Dipartimento di Psicologia Generale**

TALK ANNOUNCEMENT

***Sleep physiology: from basic science to
application***

Massimiliano de Zambotti, PhD

Center for Health Sciences, Stanford Research International
(SRI), Menlo Park, CA, USA



**Thursday, May 30th 2019, 11:30 a.m.
Room 3 L (Psico 2)
Via Venezia 12, Padova**



Dr. de Zambotti is currently a research scientist in the Human Sleep Research Program. His work focuses on the interactions between the autonomic and central nervous systems in different psychophysiological states, in clinical and non-clinical populations. He also leads validation studies of wearable technologies in the sleep space and the development of novel technologies such as non-pharmacological wearable devices to monitor sleep and bio-signals and improve sleep quality.